



## Colchester Youth FIRST

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### Youth Services Advisory Board/ Youth FIRST Coalition

October 1, 2014 Meeting Minutes

Location: Colchester Youth Center

Time: 5:00-6:30pm

Voting members present: Lorraine Marvin, Linda Bromley, Gina Ebbeling, Kathy Wonderly, Robert Suchecki, Ginnie Streppa, Josh Vinoski, Shirley Ellis

Voting members absent:

Non voting members present: Linda Iacobellis

Non voting members absent: Barbara Gilbert, Christopher Bennett

Others present: Valerie Geato, Jennifer Martino, Amber Albee, Rob Tarlov (BOF), Michael Voiland (BOE), Elyse Gabel, Megan Klein (Bacon), John Wycoff, Nancy Wycoff

1. Call meeting to order at 5:01 pm
2. No public comments
3. Program Updates:
  - a. It has been determined that going forward, there will be a monthly program report that will be written in advance and emailed with the agenda so as to make sure that all information is getting out with as much detail as possible and to allow for any follow up questions to be formulated by members.
  - b. YAC is currently running and they are working on a project to repaint a part of the interior of the Youth Center.
  - c. Girls on Track is going well and they are planning on participating in the Ugly Sweater Run in Hartford on December 6, 2014. Everyone is welcome to attend to cheer them on.
  - d. The next Friday Night Fun trip is October 24, 2014 to the Haunted Graveyard at Lake Compounce.
  - e. G2G will be starting up again soon.
4. As a reminder to all members, time will be reserved each meeting to discuss what needs to be included on the agenda for the following month so that we make sure to include all relevant material.
5. 2014-2015 LPC Grant
  - a. The grant is due before the next meeting, a copy will be provided for members in November when we meet.

- b. The board is in agreement that this year's funds (running from Oct-June) will be used to fund our campaign against prescription drugs. Some of the ideas we have are:
    1. Community Conversation
    2. Expanding our use of the lawn signs
    3. Media campaigns about prescription drug abuse
    4. Prescription drop off day
    5. Public awareness of the drop off attached to pharmacy pick up bags
    6. Lock boxes for houses to keep pills out of reach
    7. An element to educate seniors- maybe a lunch with speakers at the senior center
    8. We will also include a piece about over the counter meds such as Nyquil, etc.
  - c. A community conversation is planned for October 22, 2014 at 6pm at Bacon Academy. The focus will be on prescription drug misuse and abuse among youth. There will be a panel of speakers and the format will allow each of them to speak about their experiences and then it will open up for a discussion period with those in attendance. Parents, as well as students in grades 8-12, are invited to attend.
6. Bake Sale Committee
    - a. It has been determined that the resources needed to create a formal committee are not available at this time.
  7. Trick or Trunk/ Red Ribbon Week- October 24, 2014
    - a. Elyse Gabel has volunteered to set up at this year's event on behalf of the Youth Services Advisory Board/ Youth FIRST coalition.
    - b. Amber will order candy to hand out which highlights drug prevention.
  8. Discussion of next month's agenda
  9. Mom's club is hosting a kids tag sale October 17<sup>th</sup> and 18<sup>th</sup> from 8:30am- 1pm on Cirillo Drive. A donation will be made with the proceeds to Youth Services.
  10. Adjourn at 6:02 pm